

## **Best Practice I**

### **Title: - COUNSELING TO PEOPLES ON COVID -19 PROTOCOLS AS PER GOVT. OF INDIA**

#### **Objective:-**

To provide guideline to avoid Covid Disease.

To demonstrate advantages of safety measures.

Counselling on importance of Vaccination against Covid-19.

#### **Context:-**

Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. Most people infected with the virus will experience mild to moderate respiratory illness and recover without requiring special treatment. However, some will become seriously ill and require medical attention. Older people and those with underlying medical conditions are more likely to develop serious illness. Anyone can get sick with COVID-19 and become seriously ill or die at any age. The best way to prevent and slow down transmission is to spread awareness, preventive measures and vaccination.

#### **Covid become more virulent because**

1. Most of people never used the protective gears/safety measures like masks, hand gloves, caps, sanitizer or apron and social distance.
2. Many peoples are reluctant about Covid-19 Vaccine.

#### **Practice:-**

By observing the incidence of covid-19 the institute has taken initiatives to provide counselling and proper guideline to the peoples of nearby area about use of safety measures to control spread of disease and to insist them for vaccination.

Institute has also decided to distribute the protective gears like masks, hand gloves, caps, sanitizer to few peoples through NSS unit as a representative sample.

The literature on safety measures is collected. Appropriate guidelines in local language are prepared. The protective gears like masks, hand gloves, caps, and sanitizer are purchased.

Selected NSS students trained about use of safety measures.

Initially people were counselled about importance of various safety measures then advocated for consistent adherence to safety protocols like sanitization of hand, to wear mask, to maintain social distance and hygiene and avoiding of crowd in social programs etc.

Also people were educated for safe disposal of masks after use, and diet to be followed when infected.

Peoples were also educated about importance of testing, immediate isolation after getting symptoms and to consult physician.

Student were demonstrated about online registration and appointment on CoWin app and were insisted to vaccinate themselves. In addition masks, hand gloves, caps, and sanitizer are also distributed in few people as free sample representative.

**Evidence of success:** - On the basis of feedback collected from different peoples on different times it was found that our efforts successfully motivated people to make appointments for vaccinations and to consistently follow measures such as social distancing and mask wearing resulted decline in number of patients.

**Problem:** - Initially it was difficult to motivate people to respond. People were reluctant to vaccinate. It was difficult to convince people for vaccination.

## **Best Practice 2**

**Title: - Guidance on Cultivation of Non-Conventional Medicinal Plants for Farmers Wards**

**Objective: -** To uplift socio-economic status of students from families with agriculture source of income.

**Context: -** S. N. Institute have most of students from farmer's family who are depending on routine traditional farming with only agriculture as a source of income. The traditional agriculture system doesn't have sufficient profit to fulfil the ever increasing demands of family. So, the farming with non-conventional Medicinal plants could enhance the economy of farmers as it will give more profit, which uplift socio-economic status of whole family. It could be achieved by proper counselling and guidance of farmer's wards to implement cultivation of medicinal herbal drugs plants.

The institute decided to implement scheme of providing knowledge and guidance on cultivation of non-conventional medicinal plants for farmer's wards at institute campus.

Such course could be easily understood by students. Through students this novel idea can conveyed towards their parents and also nearby farmers.

**Practice: -** After discussion with staffs in meetings the Guidance Cell has been established. The required information and literature on cultivation of Non-Conventional Medicinal Plants made available in both English and Marathi language as soft and hard copy at guidance cell. Number of interested aspirant are identified and motivated to take advantage of guidance cell during off theory periods (through zoom meeting app). Also the soft copies of literature shared through whats app to aspirants. Also the students are instructed to spread knowledge to their parent and nearby farmers also.

Many students have acquainted about cultivation, collection procedures and different varieties of plants, fertilizer and marketing of product.

**Evidence of success: -** Increased no. of interested students in guidance cell, many farmers were convinced for medicinal plants farming indicated success of efforts.

**Problem: -** Initially it was difficult to motivate students to participate. It was difficult to collect required literature. Also farmers were resistant to change their traditional system.